Course Syllabus: How to Conduct an Effective Meeting

Course Duration: 5 Modules

Delivery Format: Online / Hybrid (with synchronous training demonstrations)

Tools Required: Microsoft Teams, OneNote, Internet access

Audience: Corporate instructional design team

Course Objectives

By the end of this course, learners will be able to:

- Apply best practices for effective meeting facilitation
- Set up and manage meetings using Microsoft Teams
- Organize and streamline meeting documentation using OneNote
- Lead collaborative discussions using structured agendas
- Evaluate and refine meeting practices using reflective tools

Modules

Module 1: Foundations of Effective Meetings

Focus: Establishing the "why" behind good meeting design

- Introduction to meeting best practices (interactive case studies)
- Analyze the impact of ineffective meetings (group reflection & peer critique)
- Establish expectations and norms (develop meeting etiquette guidelines)
 Deliverable: Team-created "Meeting Norms Handbook"

Module 2: Setting Up a Meeting in Teams

Focus: Technical fluency and setup efficiency

- Overview of Microsoft Teams features for meetings
- Step-by-step tutorial: scheduling a meeting
- Activity: Learners schedule and invite peers to a mock training session

Module 3: Using OneNote for Meeting Organization

Focus: Building structures for pre-, during-, and post-meeting documentation

- Intro to OneNote for instructional purposes
- · Create and share team notebooks
- Design a reusable agenda template
- Tracking action items and follow-ups
- Activity: A fully structured OneNote to support a meeting

Module 4: Conducting the Meeting

Focus: Practicing facilitation techniques

- Use of the agenda to maintain flow and timing
- Facilitating discussions with equity and engagement
- Real-time notetaking
- **Simulation**: Learners conduct a peer-reviewed meeting using prepared materials

Module 5: Assessment and Summary

Focus: Practice and reflection

- Re-create the full meeting lifecycle using Teams & OneNote
- Peer and self-assessment using provided rubrics
- Final reflection: "What makes meetings meaningful?"